

Scottish Gas 10K Results – Edinburgh 3rd August 2003

| | <i>Name</i> | <i>Club</i> | <i>Time</i> | | | | |
|----|-------------------------|-------------------------|-------------|-----|--------------------------|-------------------------|-------|
| | | | | 59 | Joe Chambers (MJ) | Springburn H | 40.50 |
| 1 | Dave Ross | Racing Club Edinburgh | 32.40 | 60 | Robert Hendrey | Standard Life | 41.00 |
| 2 | John Ross (M40) | Racing Club Edinburgh | 32.56 | 61 | Sheila Craig (F35) | Unatt | 41.01 |
| 3 | Graham Beal | City of Edinburgh | 33.29 | 62 | Nathalie Christie (F) | City of Edinburgh | 41.06 |
| 4 | Steve Doig | Fife AC | 33.46 | 63 | Paul Smith | Unatt | 41.17 |
| 5 | Brian Kirkwood (M50) | Racing Club Edinburgh | 34.57 | 64 | Adrain Stott (M40) | Sri Chimnoy | 41.21 |
| 6 | Keith Hood | Corstorphine | 35.59 | 65 | Nigel Munro (M40) | Unatt | 41.28 |
| 7 | David MacLean | City of Edinburgh | 36.02 | 66 | Alan O'Hare (M40) | Unatt | 41.31 |
| 8 | Nicholas Leitch | Unatt | 36.11 | 67 | Joe Sydney (M40) | City of Edinburgh | 41.34 |
| 9 | Duncan McGougan | Scottish Prison Service | 36.17 | 68 | Gavin Lightwood (M40) | Scottish Athletics | 41.51 |
| 10 | Hugh McInnes | City of Edinburgh | 36.54 | 69 | Jonathan Whitehead (M40) | City of Edinburgh | 41.53 |
| 11 | Nicholas Dickson | Unatt | 37.00 | 70 | Craig Lumscaine (M40) | Unatt | 41.54 |
| 12 | Willie Jarvie (M40) | Portobello RC | 37.01 | 71 | Richard Morton | Edinburgh Road Club | 42.00 |
| 13 | Michael Graham | Unatt | 37.05 | 72 | Keith Bremner | Unatt | 42.00 |
| 14 | Trudi Thomson (F35) | Pitreavie AAC | 37.08 | 73 | Peter Hamilton (M50) | Scottish Prison Service | 42.01 |
| 15 | Frank Boyne | Aberdeen AAC | 37.25 | 74 | Jim Heneghan (M40) | Portobello RC | 42.02 |
| 16 | Steven Laurie | Lothian RC | 37.27 | 75 | Alasdair Anderson (M40) | Unatt | 42.09 |
| 17 | Alan M Brown (M40) | Standard Life | 37.28 | 76 | Ian Campbell | Hunters Bog T | 42.11 |
| 18 | George Gilhooley (M40) | Lothian RC | 37.35 | 77 | H. Margaret Imlah (F45) | Unatt | 42.13 |
| 19 | Iain Arnott | Borders Triathletes | 37.37 | 78 | Eilidh Wardlaw (F) | City of Edinburgh | 42.15 |
| 20 | Colin Cable (M40) | City of Edinburgh | 37.39 | 79 | Andrew Quinn (M50) | Unatt | 42.16 |
| 21 | Daryl Philip | Edinburgh Univ | 37.50 | 80 | Richard Heinsar (M50) | Haddington ELP | 42.23 |
| 22 | Howard Glynn | Edinburgh Triathletes | 37.51 | 81 | Archie Paterson | Team Horizon | 42.28 |
| 23 | Gareth Green | Unatt | 37.56 | 82 | Richard Docherty | Unatt | 42.31 |
| 24 | Derek Small | Standard Life | 37.58 | 83 | David Adam (M40) | Unatt | 42.34 |
| 25 | Keith Bishop (M40) | Unatt | 38.00 | 84 | Rod Smith (M50) | Salisbury City RC | 42.37 |
| 26 | Chris Durn (M40) | Standard Life | 38.02 | 85 | Robert Cockburn (M50) | City of Edinburgh | 42.38 |
| 27 | Andrew Rennie (M50) | Irvine AC | 38.05 | 86 | Graham Emerson (MJ) | Unatt | 42.40 |
| 28 | Bruce Smith | Standard Life | 38.15 | 87 | Ian McKinnell (M40) | Unatt | 42.43 |
| 29 | Keith Broadfoot | City of Edinburgh | 38.16 | 88 | Mr Pirrie (M40) | Unatt | 42.44 |
| 30 | Ian Rowland (M40) | Dunbar RC | 38.21 | 89 | Dave Richardson | Unatt | 42.45 |
| 31 | Keith Sambrook (M50) | City of Edinburgh | 38.23 | 90 | Douglas Kennedy | Unatt | 42.46 |
| 32 | Martin Caldwell (M50) | Scottish Athletics | 38.28 | 91 | Stephen Maley | Portobello RC | 42.54 |
| 33 | Burt Camerron | Glasgow Uni | 38.35 | 92 | Andreas Wilhelm | Scottish Athletics | 42.57 |
| 34 | Barry Davie | Pitreavie AAC | 38.39 | 93 | Jim Davis (M50) | Scottish Athletics | 43.01 |
| 35 | Bill Ferrari | Standard Life | 38.48 | 94 | Derek Ireland | Standard Life | 43.02 |
| 36 | Kevin Stott | Unatt | 38.57 | 95 | Alan Swan (M40) | Unatt | 43.03 |
| 37 | Billy Minto | Hunters Bog T | 39.03 | 96 | Jim Alexander (M40) | Lothian RC | 43.08 |
| 38 | Duncan Davis | Edinburgh Triathletes | 39.10 | 97 | Alastair Lowrie | Unatt | 43.09 |
| 39 | Alan McIntosh | Armada AC | 39.12 | 98 | Liam Clachers | Standard Life | 43.09 |
| 40 | Andrew Laird | City of Edinburgh | 39.21 | 99 | Andrew Herman (M40) | Unatt | 43.10 |
| 41 | Michael Shand | Corstorphine | 39.23 | 100 | John Forrest (M40) | Penicuik H | 43.13 |
| 42 | Scott Jarvie (M40) | Portobello RC | 39.24 | 101 | Alan Anderson (M40) | Unatt | 43.20 |
| 43 | Trevor Ridley (M40) | Ferranti AAC | 39.30 | 102 | Brian Hay | Darlington Harriers AC | 43.22 |
| 44 | Alan Hume | Scottish Athletics | 39.33 | 103 | Andrew Campbell | Unatt | 43.26 |
| 45 | Fergus Johnston | Gala H | 39.36 | 104 | Allan Davie (M40) | Energy Zone Carnegie | 43.28 |
| 46 | George Morrison | Unatt | 39.47 | 105 | John Outterson | Standard Life | 43.37 |
| 47 | Martin Gore | Edinburgh Road Club | 39.57 | 106 | Andy O'Neill (M40) | City of Edinburgh | 43.37 |
| 48 | David Millar | City of Edinburgh | 40.02 | 107 | Roland Brinkman | Unatt | 43.44 |
| 49 | Kit Wyeth | Unatt | 40.02 | 108 | Hugh Chalmers (M60) | Unatt | 43.45 |
| 50 | Johnathan Reid | Unatt | 40.03 | 109 | Jim Campbell | Unatt | 43.50 |
| 51 | Kenneth Mackenzie | Standard Life | 40.04 | 110 | David Edgar (M40) | Portobello RC | 43.50 |
| 52 | Peter Buchanan (M40) | Unatt | 40.06 | 111 | Alistair Aitken (M40) | Unatt | 43.51 |
| 53 | Christopher Benson | Helicopter | 40.09 | 112 | Philip Cochrane (M40) | Haddington ELP | 43.52 |
| 54 | Scott Kennedy | Scottish Athletics | 40.14 | 113 | Paul Ewing | Unatt | 43.52 |
| 55 | Catherine Ferry (F) | City of Edinburgh | 40.19 | 114 | Maureen McVey (F35) | Giffnock North | 43.54 |
| 56 | Debra Murray (F) | City of Edinburgh | 40.31 | 115 | Eddie Brogan (M40) | Unatt | 43.57 |
| 57 | Raymond McMenamin (M40) | City of Edinburgh | 40.44 | 116 | Douglas Torrie | Unatt | 43.58 |
| | | | | 117 | Les Kay (M50) | City of Edinburgh | 44.01 |
| 58 | Michael Hay | Standard Life | 40.49 | 118 | Donald Sandeman (M40) | Unatt | 44.04 |

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| | | | | | | | |
|-----|------------------------|-----------------------|-------|-----|--------------------------|-------------------------|-------|
| 119 | James Jack | Unatt | 44.05 | 179 | Gavin Thomson | Unatt | 46.35 |
| 120 | Steve Arnold | Unatt | 44.07 | 180 | Kevin Brannigan | Scottish Prison Service | 46.42 |
| 121 | Sandy Low | Unatt | 44.09 | 181 | Richard Moir | Unatt | 46.50 |
| 122 | Michael Cowie (M40) | Energy Zone Carnegie | 44.09 | 182 | Allan Coutts (M40) | Unatt | 46.53 |
| 123 | Stuart Forrester (M40) | Pitreavie AAC | 44.10 | 183 | Niall J Caldwell | Unatt | 46.54 |
| 124 | Jonathan Henderson | Unatt | 44.11 | 184 | Jane McGaff (F) | Unatt | 46.55 |
| 125 | Ian Parlin | Kinross RR | 44.13 | 185 | Colin Fraser (M40) | Corstorphine | 46.56 |
| 126 | Robert Primrose | Haddington ELP | 44.15 | 186 | Stephen Hall | Unatt | 46.56 |
| 127 | James Flestead | Unatt | 44.15 | 187 | Hazel Small (F35) | Unatt | 46.57 |
| 128 | John Taylor (M40) | Unatt | 44.15 | 188 | Graham Reaves (M40) | Unatt | 46.58 |
| 129 | Billy Braidwood (M40) | Corstorphine | 44.17 | 189 | Andrew Jackson (M40) | Scottish Prison Service | 46.59 |
| 130 | Chris Hancorn | Standard Life | 44.20 | 190 | Neil Kilgour | Scottish Athletics | 46.59 |
| 131 | Navraj Ghaleigh | City of Edinburgh | 44.21 | 191 | Anna Ross (F) | Unatt | 47.00 |
| 132 | Andrew Weir (M40) | Unatt | 44.24 | 192 | Matthew Shields (M40) | Unatt | 47.02 |
| 133 | Greg Stewart | Unatt | 44.28 | 193 | John Dobson | Unatt | 47.04 |
| 134 | Stephen Bennett | Unatt | 44.28 | 194 | Keith Nicol (M50) | Ferranti AAC | 47.06 |
| 135 | Emily Vigneron (F) | Unatt | 44.29 | 195 | Duncan Forrest (M40) | Unatt | 47.07 |
| 136 | Michael Duncan | Unatt | 44.31 | 196 | Caroline Gow (F) | Standard Life | 47.08 |
| 137 | David Gillespie (M40) | Harmeny | 44.35 | 197 | Billy Ferguson | Unatt | 47.10 |
| 138 | Keith Young (M40) | Standard Life | 44.37 | 198 | Andrew Archer (M40) | Unatt | 47.11 |
| 139 | Eric Stevenson (M50) | City of Edinburgh | 44.39 | 199 | Graeme Cruickshank (M50) | Unatt | 47.18 |
| 140 | Tara McGregor (F35) | Edinburgh Triathletes | 44.40 | 200 | Niall Dowds | City of Edinburgh | 47.22 |
| 141 | Sneddon Stephen | Unatt | 44.51 | 201 | Colin Liddell | Scottish Athletics | 47.23 |
| 142 | Robert Aitken (M40) | Lasswade | 44.53 | 202 | Mark Nesbitt (M40) | Scottish Athletics | 47.26 |
| 143 | David Fulton | Edinburgh Univ | 44.58 | 203 | Mr A Affleck | Unatt | 47.29 |
| 144 | Tony Segall (M40) | Musselburgh & Dist | 44.59 | 204 | Stewart Higgins (M40) | Unatt | 47.30 |
| 145 | Grant Laycock | Fife AC | 45.00 | 205 | Mhairi Kennedy (F35) | Unatt | 47.31 |
| 146 | Peter Weeks (M50) | Lothian RC | 45.04 | 206 | Robert Langley (M50) | Fife AC | 47.33 |
| 147 | Ian Watt | Unatt | 45.07 | 207 | Gillian Brooker (F35) | Unatt | 47.35 |
| 148 | Stuart Graham | Unatt | 45.09 | 208 | Martyn Hayward | Unatt | 47.36 |
| 149 | Steve Pattison (M40) | Unatt | 45.15 | 209 | Tom Middleton | Unatt | 47.38 |
| 150 | Willie Murray (M60) | Portobello RC | 45.19 | 210 | Helen Savage (F35) | Unatt | 47.40 |
| 151 | Finlay Smith | Unatt | 45.19 | 211 | Garner Robertson | Unatt | 47.43 |
| 152 | Neil Campbell (M40) | Energy Zone Carnegie | 45.22 | 212 | Mark McGraw | Unatt | 47.49 |
| 153 | John McGaff | Unatt | 45.29 | 213 | Michael Hamilton (M40) | Unatt | 47.53 |
| 154 | Mark Turnbull | Unatt | 45.30 | 214 | Eddie McDonald (M50) | Ferranti AAC | 47.54 |
| 155 | Dean Carr | Unatt | 45.34 | 215 | Les Ross | Unatt | 47.54 |
| 156 | Paul Anderson | Unatt | 45.35 | 216 | David Harris (M40) | Unatt | 47.59 |
| 157 | John Gavin (M50) | Ferranti AAC | 45.37 | 217 | Kenneth Gray | Haddington ELP | 47.59 |
| 158 | Walter McCaskey (M60) | City of Edinburgh | 45.39 | 218 | Sally Monks (F) | Unatt | 48.00 |
| 159 | Frances Wood (F35) | Scottish Athletics | 45.41 | 219 | Alison Wells (F45) | Unatt | 48.00 |
| 160 | Alan Aitchison | Scottish Athletics | 45.49 | 220 | Maurice Kane (M40) | Unatt | 48.03 |
| 161 | Ross Brown | Unatt | 45.51 | 221 | Kenneth Edmond (M40) | Unatt | 48.04 |
| 162 | Gavin Wood (M40) | Unatt | 45.52 | 222 | Marc Swales | Unatt | 48.04 |
| 163 | Gareth Lodge (M40) | Unatt | 45.54 | 223 | Teresa Cleary (F) | Unatt | 48.08 |
| 164 | John Buick | Unatt | 45.57 | 224 | Paul Davidson | Unatt | 48.08 |
| 165 | Roisin Fulton (F) | Standard Life | 46.00 | 225 | Mary Hunter (F35) | Unatt | 48.09 |
| 166 | Eillen Nicol (F35) | Gala H | 46.02 | 226 | Helena Jack (F35) | Unatt | 48.10 |
| 167 | Paul Valentine | Unatt | 46.09 | 227 | Stuart Aitken (M40) | Unatt | 48.11 |
| 168 | George Armstrong (M60) | Haddington ELP | 46.11 | 228 | Susan Tully (F) | Unatt | 48.17 |
| 169 | John Liddle (M40) | Unatt | 46.13 | 229 | John Forker (M40) | Portobello RC | 48.18 |
| 170 | Isobel Pollard (F45) | Middle Meadow Milers | 46.15 | 230 | Linda Kennedy (F) | Scottish Athletics | 48.22 |
| 171 | Sandy Cameron (M50) | Scottish Athletics | 46.16 | 231 | Nick Berragan | Unatt | 48.22 |
| 172 | Doanald Blaird | Unatt | 46.17 | 232 | Suhair Muhammed | Unatt | 48.23 |
| 173 | Shirley Steg (F) | Unatt | 46.18 | 233 | Jim Sorrell | Unatt | 48.24 |
| 174 | Ronnie MacPherson | Unatt | 46.20 | 234 | Margie Leitch (F) | Unatt | 48.26 |
| 175 | Derek Johnstone | Unatt | 46.27 | 235 | Sarah Esslemont (F) | Unatt | 48.31 |
| 176 | Thomas Davis (M40) | Scottish Athletics | 46.29 | 236 | Stuart Wightman | Unatt | 48.33 |
| 177 | Nicholas Manson | Unatt | 46.32 | 237 | Moira Nicol (F35) | Ferranti AAC | 48.34 |
| 178 | Ross Donald | Unatt | 46.33 | | | | |

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|-----|--------------------------|--------------------------|-------|-----|--------------------------|-------------------------|-------|
| 238 | Paul Tulloch | Unatt | 48.35 | 296 | Robin Sutherland | Unatt | 50.53 |
| 239 | Ian Crawford | Unatt | 48.41 | 297 | Morna Fleming (F45) | Unatt | 50.55 |
| 240 | Sue Aitken (F45) | Corstorphine | 48.44 | 298 | Robert Mark (M40) | Unatt | 50.55 |
| 241 | Craig Ferrier | Unatt | 48.47 | 299 | Douglas Campbell (M40) | Unatt | 50.58 |
| 242 | Barry McDonald | Unatt | 48.49 | 300 | Norrie Gardiner (M40) | Scottish Prison Service | 51.03 |
| 243 | Irene Liebl (F) | Unatt | 48.50 | 301 | Amanda Pennycott (F) | Unatt | 51.05 |
| 244 | Steven Garrity | Unatt | 48.56 | 302 | Debra Higgins (F35) | Unatt | 51.06 |
| 245 | Robert Kirkwood | Unatt | 49.02 | 303 | Ruth McCann (F) | Gala H | 51.06 |
| 246 | Ian Armstrong (M40) | Unatt | 49.02 | 304 | Halia Oshea (F) | Unatt | 51.08 |
| 247 | Mairi Harkness (F) | Unatt | 49.05 | 305 | Keith Anderson | Unatt | 51.09 |
| 248 | Ian Davidson | Unatt | 49.06 | 306 | Emily Lowrie (F) | Unatt | 51.12 |
| 249 | Matthew Savage (M40) | Unatt | 49.09 | 307 | Michael Reekie (MJ) | Unatt | 51.13 |
| 250 | Anthony Beveridge | Lothian & Borders Police | 49.10 | 308 | Debbie MacCallum (F35) | Unatt | 51.15 |
| 251 | Kate Bebb (F) | Middle Meadow Milers | 49.10 | 309 | Marion Fallaini (F35) | Gala H | 51.17 |
| 252 | Fraser Pringle | Unatt | 49.14 | 310 | Robin Miller (M40) | Unatt | 51.19 |
| 253 | Kevin Wright | Haddington ELP | 49.14 | 311 | Craig Russell (MJ) | Unatt | 51.20 |
| 254 | Glenn Telfer (M40) | Unatt | 49.17 | 312 | Robert-Ryan Adie (MJ) | Unatt | 51.21 |
| 255 | Annabel Krassowska (F) | Unatt | 49.18 | 313 | Scott Love | Unatt | 51.21 |
| 256 | Alex Chalmers (M60) | Unatt | 49.18 | 314 | Tom McGovern (M40) | Border H | 51.21 |
| 257 | Peter McInnes | Unatt | 49.19 | 315 | Gail Campbell (F35) | Unatt | 51.22 |
| 258 | Peter Loweworth (M50) | Hamilton Harriers | 49.22 | 316 | Marc Convery | Unatt | 51.23 |
| 259 | Andrew Ross (M40) | Haddington ELP | 49.23 | 317 | Julie McConnell (F) | Unatt | 51.23 |
| 260 | William Fraser | Unatt | 49.23 | 318 | Keith Hailes (M40) | Unatt | 51.39 |
| 261 | Liz Herman (F35) | Unatt | 49.25 | 319 | Robert Brand (M40) | Unatt | 51.45 |
| 262 | Carl Dennis | Unatt | 49.26 | 320 | John Bowman | Unatt | 51.48 |
| 263 | Gordon McKenzie (M40) | Unatt | 49.28 | 321 | Patricia Allen (F45) | Motherwell AAC | 51.48 |
| 264 | James Dalgliesh | Unatt | 49.29 | 322 | Christine Young (F) | Unatt | 51.49 |
| 265 | Alan Cameron (M50) | Unatt | 49.30 | 323 | Graeme LansoLawson | Unatt | 51.53 |
| 266 | Steven Blair | Unatt | 49.31 | 324 | Colin Tulleth | Unatt | 51.54 |
| 267 | Derek Robinson (M40) | City of Edinburgh | 49.32 | 325 | Sandra Carruthers (F35) | Scottish Vets | 52.01 |
| 268 | Angela Kirkwood (F) | Unatt | 49.33 | 326 | Michael Milne | Unatt | 52.09 |
| 269 | John Thomson (M60) | Unatt | 49.35 | 327 | Alison Howe (F35) | Unatt | 52.11 |
| 270 | Stewart Roy (M40) | Unatt | 49.37 | 328 | Paul Wilson (MJ) | Unatt | 52.13 |
| 271 | Karen Brown (F) | Unatt | 49.38 | 329 | Michael Anderson | Unatt | 52.19 |
| 272 | Wayne Murray | Unatt | 49.48 | 330 | James Reekie | Unatt | 52.25 |
| 273 | Neil Martin | Unatt | 49.49 | 331 | Catherine Gregan (F) | Unatt | 52.26 |
| 274 | Richard Scott (M50) | Unatt | 49.50 | 332 | Nicola McEwan (F) | Unatt | 52.27 |
| 275 | Tom Gordon | Unatt | 49.51 | 333 | Fiona Mayfield (F) | Standard Life | 52.28 |
| 276 | Margaret Watson (F35) | Unatt | 49.52 | 334 | Unknown Runner | Unknown | 52.29 |
| 277 | Hayley Rosbrook (F) | Lothian & Borders Police | 49.53 | 335 | Kareen Rodger (F35) | Unatt | 52.30 |
| 278 | Stephen Toshney | Unatt | 49.54 | 336 | Lorna McIlwaine (F35) | Unatt | 52.31 |
| 279 | Stuart Scougall | Unatt | 49.55 | 337 | Edward Burns McKirdy | Unatt | 52.32 |
| 280 | Alan Emerson (M40) | Unatt | 50.05 | 338 | Allan Dillon (M40) | Unatt | 52.32 |
| 281 | Michael McKay (M40) | Unatt | 50.07 | 339 | Eric Brown (M40) | Unatt | 52.33 |
| 282 | Suzanne Goodall (F) | Unatt | 50.08 | 340 | Alastair Mackenzie (M60) | Lothian RC | 52.35 |
| 283 | Marguerite Reid (F35) | Unatt | 50.09 | 341 | Derek Henderson | Unatt | 52.35 |
| 284 | Scott McRobb | Unatt | 50.10 | 342 | Mary Ward (F45) | Unatt | 52.41 |
| 285 | Charlie Francis (M40) | Unatt | 50.13 | 343 | John Harris (M60) | Unatt | 52.41 |
| 286 | Mike McQueenie (M50) | Unatt | 50.14 | 344 | Ian Steele | Unatt | 52.42 |
| 287 | Donald Clark | Unatt | 50.17 | 345 | Richard Gray | Unatt | 52.43 |
| 288 | Shaun Cavens (M40) | Unatt | 50.22 | 346 | Ailie Bovey (F) | Unatt | 52.44 |
| 289 | Valerie McCutcheon (F35) | Unatt | 50.25 | 347 | Philip Burt (M50) | Standard Life | 52.46 |
| 290 | Lorenzo Pacitti | Unatt | 50.40 | 348 | Gary Russell | Unatt | 52.53 |
| 291 | Ian Gordon (M50) | Unatt | 50.42 | 349 | Kevin Drysdale | Unatt | 52.54 |
| 292 | Peter Rippin | Unatt | 50.47 | 350 | Colin Sheal (M40) | Unatt | 52.57 |
| 293 | Alan Wardell | Unatt | 50.50 | 351 | Andrew Harris (M50) | Unatt | 52.59 |
| 294 | Tom Lish (M50) | Unatt | 50.52 | 352 | Neil Hepburn | Unatt | 53.03 |
| 295 | Kevin Sweeney | Unatt | 50.52 | 353 | Bert McFall (M60) | City of Edinburgh | 53.04 |
| | | | | 354 | Kirsteen Kilgour (F) | Unatt | 53.15 |
| | | | | 355 | Neil Mitchell | Unatt | 53.23 |

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|-----|------------------------|--------------------|-------|-----|----------------------------|--------------------|-------|
| 356 | Lynne Lineen (F35) | Unatt | 53.27 | 416 | Gillian Grant (F35) | Unatt | 56.22 |
| 357 | William Lumsden (M40) | Unatt | 53.32 | 417 | Jill Humphries (F) | Unatt | 56.25 |
| 358 | Mary Ennis (F45) | Unatt | 53.34 | 418 | Jennifer McGlaughlin (F45) | Standard Life | 56.33 |
| 359 | John Wastle | Unatt | 53.34 | 419 | Anne Douglas (F45) | Harmeny | 56.34 |
| 360 | Lindsey Boyle (F45) | Harmeny | 53.36 | 420 | Catriona McLean (F) | Unatt | 56.36 |
| 361 | Steve Street | Unatt | 53.37 | 421 | James Reid | Haddington ELP | 56.37 |
| 362 | Uilf Parkinson (M50) | Fife AC | 53.37 | 422 | Miriam Clingy (F) | Unatt | 56.40 |
| 363 | Julie Henery (F) | Unatt | 53.49 | 423 | Walter Anderson | Unatt | 56.43 |
| 364 | David Williams (M40) | Unatt | 53.53 | 424 | Gareth Douglas | Unatt | 56.44 |
| 365 | Thomas Beutenmuller | Unatt | 53.55 | 425 | Gillain Smith (F35) | Unatt | 56.45 |
| 366 | Katie Sowerby (F) | Unatt | 53.59 | 426 | Tom Chambers (M50) | Unatt | 56.48 |
| 367 | Ian Ford (M50) | Unatt | 54.02 | 427 | Patricia Seath (F45) | Unatt | 56.49 |
| 368 | Joana Brown (F35) | Unatt | 54.04 | 428 | Tim Hayward (M40) | Unatt | 56.49 |
| 369 | Andrew Meehan | Unatt | 54.05 | 429 | Thomas Wilson (M60) | Unatt | 57.07 |
| 370 | Andrew Laing | Lauderdale Limp | 54.06 | 430 | Ffyonna Scott (F) | Unatt | 57.10 |
| 371 | Stephen Brocklehurst | Unatt | 54.09 | 431 | Caroline Fraser (F) | Unatt | 57.24 |
| 372 | Noel Aitchison | Unatt | 54.16 | 432 | Bob Proudfoot (M50) | Scottish Athletics | 57.28 |
| 373 | Ewan Harrison | Unatt | 54.18 | 433 | Robert Devlin (M40) | Scottish Vets | 57.32 |
| 374 | Stuart Clarke (M40) | Corstorphine | 54.19 | 434 | Mike Giezekamp | Unatt | 57.32 |
| 375 | Jackie Selcraig (F35) | Unatt | 54.25 | 435 | Alison Carroll (F35) | Unatt | 57.40 |
| 376 | Jan McIntyre (F35) | Unatt | 54.27 | 436 | Lorna Aitchison (F) | Unatt | 57.44 |
| 377 | Lesley Boyne (F35) | Unatt | 54.28 | 437 | Craig Finnie | Unatt | 57.45 |
| 378 | Nicola Freedman (F) | Unatt | 54.30 | 438 | Abby Houston (F45) | Unatt | 57.45 |
| 379 | Gillian Anderson (F) | Scottish Athletics | 54.31 | 439 | Annamarie Cumberland (F35) | Unatt | 57.46 |
| 380 | Rebecca Young (F) | Unatt | 54.33 | 440 | Kirsty MacDonald (F35) | Unatt | 57.47 |
| 381 | Cliff Smith (M40) | Harmeny | 54.36 | 441 | Hilary Cook (F45) | Unatt | 57.50 |
| 382 | Duncan Harrison | Unatt | 54.39 | 442 | Niall Dowds | City of Edinburgh | 57.52 |
| 383 | John Day (M50) | Unatt | 54.48 | 443 | Susie Hunter (F45) | Unatt | 57.54 |
| 384 | David Hall (M50) | Unatt | 54.50 | 444 | Alexandra Kilgour (F) | Unatt | 57.56 |
| 385 | Peter Dugan | Unatt | 54.52 | 445 | Nicola Fernie (F) | Unatt | 57.57 |
| 386 | Mark Falconer | Unatt | 54.53 | 446 | Jenny Hodge (F) | Unatt | 57.58 |
| 387 | Shona Banks (F35) | Unatt | 54.55 | 447 | Paulo Leite | Unatt | 58.03 |
| 388 | John Bowman (M40) | Unatt | 54.57 | 448 | Denise Siegel (F35) | Unatt | 58.13 |
| 389 | Marianne Lynch (F) | Unatt | 54.57 | 449 | Carol Fong (F) | Helicopter | 58.16 |
| 390 | Malcolm Moffat (M40) | Motherwell AAC | 55.03 | 450 | Fiona Coutts (F45) | Unatt | 58.21 |
| 391 | Liz Broadfoot (F) | Unatt | 55.06 | 451 | Gillian Main (F35) | Unatt | 58.21 |
| 392 | James Broadfoot | Unatt | 55.06 | 452 | Alice McCaughey (F) | Unatt | 58.24 |
| 393 | Norma Bone (F45) | Harmeny | 55.07 | 453 | Steven Simkin | Standard Life | 58.24 |
| 394 | Susan Blurton (F35) | Unatt | 55.15 | 454 | Bernard Gillard | Unatt | 58.24 |
| 395 | Bruce Cartwright | Unatt | 55.18 | 455 | Andy Niblock | Unatt | 58.25 |
| 396 | Paul Russell | Unatt | 55.21 | 456 | Sheelagh Michael (F45) | Unatt | 58.27 |
| 397 | Steven Way | Unatt | 55.22 | 457 | Ulli Dragosits (F) | Unatt | 58.28 |
| 398 | Carole Hughes (F45) | Unatt | 55.22 | 458 | S E McLean (F35) | Unatt | 58.29 |
| 399 | Lesley Noble (F35) | Unatt | 55.23 | 459 | K I McLean | Unatt | 58.29 |
| 400 | Bernard Hughes (M40) | Unatt | 55.23 | 460 | Bruce Bennett (M40) | Unatt | 58.31 |
| 401 | Roger Talbot (M50) | Unatt | 55.31 | 461 | Rosalind Garvin (F45) | Unatt | 58.33 |
| 402 | Andrew Sim | Unatt | 55.35 | 462 | Tracey Lazenby (F) | Unatt | 58.37 |
| 403 | Linda McGinley (F45) | Corstorphine | 55.37 | 463 | Karen Robertson (F35) | Unatt | 58.49 |
| 404 | Derek Ramage | Unatt | 55.42 | 464 | Krista Black (F) | Unatt | 58.53 |
| 405 | Beverley Dodgson (F) | Unatt | 55.50 | 465 | Brian Shearer | Unatt | 58.54 |
| 406 | Pamela Coates (F) | Unatt | 55.51 | 466 | Gordon Aien (M40) | Haddington ELP | 59.01 |
| 407 | Sarah Forbes (F) | Unatt | 55.54 | 467 | Graeme Couper | Unatt | 59.06 |
| 408 | Brian Herne | Unatt | 55.55 | 468 | Helen Robertson (F35) | Unatt | 59.08 |
| 409 | Ian Marshall | Unatt | 55.56 | 469 | Jane Malcolm (F) | Unatt | 59.09 |
| 410 | Joanne Ewen (F) | Unatt | 55.57 | 470 | Clare Headington (F35) | Unatt | 59.14 |
| 411 | Elizabeth Taylor (F35) | Unatt | 56.03 | 471 | Catriona McRobbie (F45) | Bruce Triathlon | 59.14 |
| 412 | Sheila Morrison (F45) | Dunbar RC | 56.08 | 472 | Lindsay Bruce (F35) | Unatt | 59.16 |
| 413 | Eddie Gasowski (M50) | Unatt | 56.09 | 473 | Bruce Morgan | Unatt | 59.21 |
| 414 | Angela Herkes-Gray (F) | Unatt | 56.10 | | | | |
| 415 | Gary Allan | Unatt | 56.11 | | | | |

Scottish Gas 10K Results – Edinburgh 3rd August 2003

| | | | | | | | |
|-----|---------------------------|----------------------|---------|-----|--------------------------|---------------|---------|
| 474 | John Sheilds (M40) | Unatt | 59.30 | 533 | Scott Cantley | Unatt | 1.04.08 |
| 475 | Ewing Alexander | Unatt | 59.36 | 534 | Doreen Black (F45) | Unatt | 1.04.09 |
| 476 | Raymond Gallacher | Unatt | 59.36 | 535 | Paul Sewell | Unatt | 1.04.31 |
| 477 | Murdo MacLeod (M50) | City of Edinburgh | 59.41 | 536 | Karen Troup (F35) | Unatt | 1.04.46 |
| 478 | Alison Peat (F35) | Unatt | 59.53 | 537 | Tom Mulholland (M60) | Scottish Vets | 1.04.51 |
| 479 | Andy Thorn (M40) | Unatt | 59.54 | 538 | Eleanor Clelland (F35) | Unatt | 1.04.54 |
| 480 | William Day (M60) | Unatt | 59.57 | 539 | Caroline Gaunt (F35) | Unatt | 1.05.03 |
| 481 | Jennifer Somerville (F45) | Unatt | 59.58 | 540 | Catherine Jeffrey (F35) | Unatt | 1.05.04 |
| 482 | Lynn Stewart (F35) | Unatt | 59.59 | 541 | David Black (M40) | Unatt | 1.05.12 |
| 483 | Heather Falconer (F45) | Unatt | 1.00.15 | 542 | Shona Strang (F35) | Unatt | 1.05.15 |
| 484 | Anneli Thornton (F) | Unatt | 1.00.17 | 543 | Karen Sweeney (F35) | Unatt | 1.05.41 |
| 485 | Mary Leonard (F45) | Scottish Athletics | 1.00.23 | 544 | Ian Rudden | Unatt | 1.05.48 |
| 486 | Claire Hume (F) | Unatt | 1.00.24 | 545 | Lorraine Bagen (F35) | Unatt | 1.05.51 |
| 487 | Gina Cleife (F) | Unatt | 1.00.24 | 546 | Rona Thomson (F45) | Unatt | 1.06.10 |
| 488 | Annabel Chambers (F45) | Unatt | 1.00.26 | 547 | Elizabeth Burke (F45) | Unatt | 1.06.10 |
| 489 | Lorraine Ralph (F) | Unatt | 1.00.38 | 548 | June Grant (F45) | Unatt | 1.06.15 |
| 490 | Thomas-Allan Munro (M50) | Unatt | 1.00.44 | 549 | Paul Finch (MJ) | Unatt | 1.06.25 |
| 491 | Ian Sidey (M40) | Unatt | 1.00.45 | 550 | Iain McIver | Unatt | 1.06.56 |
| 492 | Samantha Hayward (FJ) | Unatt | 1.00.47 | 551 | Kevan McShea (M40) | Unatt | 1.06.56 |
| 493 | Cath Platts (F35) | Unatt | 1.00.48 | 552 | Elizabeth Mack (F35) | Unatt | 1.07.02 |
| 494 | Yusri Yahya | Unatt | 1.00.49 | 553 | Anne Mack (F45) | Unatt | 1.07.03 |
| 495 | Diane Smith (F) | Unatt | 1.00.56 | 554 | Francis Gail (FJ) | Unatt | 1.07.38 |
| 496 | Mike Adams | Unatt | 1.00.58 | 555 | Kirsty Lawson (F) | Unatt | 1.08.51 |
| 497 | Stephen Humphries (M50) | Unatt | 1.01.11 | 556 | Sheila Klimczyk (F45) | Unatt | 1.09.19 |
| 498 | Michelle Smith (F) | Unatt | 1.01.17 | 557 | Graeme Cruickshank (M50) | Unatt | 1.09.32 |
| 499 | Mags Burrell (F) | Unatt | 1.01.18 | 558 | Steven Fuhmann (MJ) | Unatt | 1.09.41 |
| 500 | Norman Martin (M50) | Unatt | 1.01.19 | 559 | Gail Crosbie (F35) | Unatt | 1.09.48 |
| 501 | Helena Anne Anderson (F) | Unatt | 1.01.20 | 560 | George Strang (M60) | Unatt | 1.09.56 |
| 502 | Ian Anderson (M60) | Unatt | 1.01.20 | 561 | Lorna Douglas (F) | Unatt | 1.10.20 |
| 503 | Ernest Lamond (M60) | Unatt | 1.01.27 | 562 | Fiona Ross (F35) | Unatt | 1.10.28 |
| 504 | Gillian Stewart (F35) | Unatt | 1.01.45 | 563 | Donna Grose (F) | Unatt | 1.10.37 |
| 505 | Gita Jackson (F35) | Unatt | 1.01.46 | 564 | Nicola Muir (F) | Unatt | 1.10.38 |
| 506 | Gordon Brown (M50) | Unatt | 1.02.05 | 565 | Mairi Steele (F) | Unatt | 1.10.38 |
| 507 | Richard Robertson (M40) | Unatt | 1.02.22 | 566 | Paul Hepburn (M40) | Unatt | 1.10.48 |
| 508 | Anja Balfour (F35) | Unatt | 1.02.28 | 567 | Susan Thomson (F35) | Unatt | 1.10.51 |
| 509 | John Huxton | Unatt | 1.02.29 | 568 | Maureen Cantley (F35) | Unatt | 1.11.52 |
| 510 | Michal Labonte (M50) | Unatt | 1.02.30 | 569 | Wendy McFarlane (F) | Unatt | 1.11.57 |
| 511 | Christine Oldfield (F45) | Unatt | 1.02.34 | 570 | John Macarthur (M50) | Scottish Vets | 1.11.59 |
| 512 | Andrea Fuhrmann (F35) | Unatt | 1.02.46 | 571 | Charis Hogg (F35) | Unatt | 1.12.23 |
| 513 | Christina Courtier (F45) | Unatt | 1.02.52 | 572 | Richard Scott (M50) | Unatt | 1.13.06 |
| 514 | Monica Hoey (F) | Unatt | 1.02.52 | 573 | George Gilbert (M50) | Unatt | 1.13.07 |
| 515 | Emma Paul (F) | Unatt | 1.02.56 | 574 | Lesley Forbes (F) | Team Horizon | 1.13.12 |
| 516 | Shirley Clelland (F35) | Unatt | 1.02.57 | 575 | Archie McCormick (M40) | Team Horizon | 1.13.12 |
| 517 | Flora Speirs (F45) | Middle Meadow Milers | 1.02.58 | 576 | John Catchpole | Team Horizon | 1.13.13 |
| 518 | James Simpson (M40) | Scottish Vets | 1.03.12 | 577 | Irene Neilson (F45) | Unatt | 1.13.14 |
| 519 | Brigid Kennedy (F) | Unatt | 1.03.14 | 578 | Ruth Fox (F35) | Unatt | 1.17.09 |
| 520 | John MacDougall | Unatt | 1.03.14 | 579 | Ruth Pattison (F) | Unatt | 1.19.46 |
| 521 | Scott Anderson | Unatt | 1.03.15 | 580 | Fionna Jamieson (F) | Unatt | 1.19.46 |
| 522 | Carolyn Wilson (F) | Unatt | 1.03.15 | 581 | Jonathan Coy | Unatt | 1.19.47 |
| 523 | Margaret Campbell (F) | Unatt | 1.03.23 | 582 | Margaret McMillan (F) | Unatt | 1.19.49 |
| 524 | Morag McClure (F) | Unatt | 1.03.24 | | | | |
| 525 | Jayne Easson (F35) | Middle Meadow Milers | 1.03.47 | | | | |
| 526 | Alison Thompson (F) | Unatt | 1.03.56 | | | | |
| 527 | Gillian Thomson (F35) | Unatt | 1.03.56 | | | | |
| 528 | Elaine Lane (F35) | Unatt | 1.04.02 | | | | |
| 529 | Jean Ann McKinnell (F35) | Unatt | 1.04.02 | | | | |
| 530 | Kirsten MacDonald (F) | Middle Meadow Milers | 1.04.03 | | | | |
| 531 | Anne Connolly (F35) | Unatt | 1.04.03 | | | | |
| 532 | Nicola Chapman (F35) | Unatt | 1.04.05 | | | | |

Scottish Gas 5K Results – Edinburgh 3rd August 2003

| | <i>Name</i> | <i>Club</i> | <i>Time</i> | | | | |
|----|--------------------------|-----------------------|-------------|-----|-------------------------|----------------------|-------|
| 1 | AC Muir | Racing Club Edinburgh | 15.24 | 60 | Kenneth Mcleish (M40) | Unatt | 24.14 |
| 2 | Brian Turner | Lothian Running Club | 15.51 | 61 | Camus Nimmo | Carnethy Hill RC | 24.19 |
| 3 | John Blair | Portobello RC | 15.59 | 62 | Nicola Baillie (F) | Unatt | 24.22 |
| 4 | Alan Robson (M40) | Racing Club Edinburg | 16.31 | 63 | Angela Mcharg (F) | Unatt | 24.23 |
| 5 | John Murdoch (M40) | Fife AC | 17.14 | 64 | Sheila Barbour (F35) | Unatt | 24.26 |
| 6 | Ross Cairns | Inverness Harriers | 17.16 | 65 | Susan Agnew (F) | Unatt | 24.30 |
| 7 | Graeme Walker | Unatt | 17.25 | 66 | Ian Brodie (M50+) | Unatt | 24.48 |
| 8 | Fraser Arnott (M40) | Edinburgh Triathlete | 17.44 | 67 | Sue McDowall (F45+) | Livingston & Dist. | 25.10 |
| 9 | John Hughes (M40) | Motherwell AC | 17.54 | 68 | Nick Crolla (M40) | Unatt | 25.15 |
| 10 | David Murray (M40) | Falkirk Victoria H | 18.18 | 69 | John Munro | Unatt | 25.20 |
| 11 | Norman Imlach (M40) | Unatt | 18.20 | 70 | Gavin Kerr (M50+) | Unatt | 25.29 |
| 12 | Paul Bannon | Unatt | 18.21 | 71 | Brian Dickson (M40) | Unatt | 25.41 |
| 13 | Eamonn Martin (M40) | Basildon AC | 18.23 | 72 | Jackie Caira | Unatt | 25.42 |
| 14 | Christine Milne (F) | Lothian Running Club | 18.24 | 73 | Rachel Smillie (F) | Unatt | 25.46 |
| 15 | Thomas Winters | Harmeny AC | 18.39 | 74 | Andrew Gibson | City of Edinburgh AC | 25.46 |
| 16 | John Owens | Portobello RC | 18.50 | 75 | Mhairi Ferguson (F) | Unatt | 25.51 |
| 17 | Shona Hughes (F) | Giffnock North AAC | 18.57 | 76 | Dave Lovell (M40) | Unatt | 26.09 |
| 18 | Timothy Read | Unatt | 19.06 | 77 | David John Hay (M50+) | Bellahouston Rr | 26.10 |
| 19 | Alistair Marshall | Linlithgow AC | 19.12 | 78 | Alison Keaveney (F35) | Unatt | 26.12 |
| 20 | Claire Waterhouse (F) | Central AC | 19.14 | 79 | Joyce Learmonth (F45+) | Unatt | 26.18 |
| 21 | Melanie Thomson (F) | Pitreavie Harriers | 19.22 | 80 | Sean Mcpartlin (M50+) | Unatt | 26.21 |
| 22 | Donald Smith | Pitreavie Harriers | 19.23 | 81 | Jane Anderson (F35) | Unatt | 26.26 |
| 23 | Jason Williams | Lothian Running Club | 19.34 | 82 | Ellen Mart (F35) | Unatt | 26.30 |
| 24 | Alison Whyte (F) | Pitreavie Harriers | 19.41 | 83 | Fiona Mackenzie (F35) | Unatt | 26.30 |
| 25 | Lynne Murray (F35) | Falkirk Victoria H | 19.47 | 84 | John Hutton | Unatt | 26.47 |
| 26 | Anne Murray (F35) | Unatt | 20.10 | 85 | Ian Nimmo (M60+) | Carnethy Hill RC | 26.50 |
| 27 | Ian Armstrong | Carnegie Harriers | 20.23 | 86 | Brendan Brodie | Unatt | 26.50 |
| 28 | Andrew Griffiths (M50+) | City of Edinburgh AC | 20.25 | 87 | Kim Gunstone (F) | Unatt | 26.51 |
| 29 | Bill Stobie (F35) | Harmeny AC | 20.34 | 88 | Stephen Mckee (M40) | Unatt | 26.58 |
| 30 | Andrew Kerr | Unatt | 20.36 | 89 | Stephen Sewell | Unatt | 26.59 |
| 31 | Norman Boyle (M40) | Unatt | 20.42 | 90 | Audrey Kennedy (F35) | Unatt | 27.07 |
| 32 | Neil Filkineton | Unatt | 21.25 | 91 | Eddy Dalziel (M40) | Unatt | 27.18 |
| 33 | Brian Douglas | Unatt | 21.35 | 92 | Lesley Prior (F35) | Unatt | 27.19 |
| 34 | Elaine Imlach (F35) | Unatt | 21.42 | 93 | Julie Russell (F) | Unatt | 27.21 |
| 35 | Garry Williams (M40) | Unatt | 21.44 | 94 | Georgina Wood (F) | Unatt | 27.30 |
| 36 | Sharyn Ramage (F35) | City of Edinburgh AC | 21.49 | 95 | Evan Lloyd (M60+) | City of Edinburgh AC | 27.33 |
| 37 | Kenny Tindall | Unatt | 21.56 | 96 | Linsey Douglas (F) | Harmeny AC | 27.37 |
| 38 | Anne Nimmo (F45+) | Carnethy Hill RC | 22.01 | 97 | Dona Robertson (F) | Unatt | 27.37 |
| 39 | Neil Wilson | Unatt | 22.08 | 98 | Jacqueline Scott (F35) | Unatt | 27.53 |
| 40 | Annelise Lithgow (F) | Unatt | 22.19 | 99 | Paula Chapman (F) | Unatt | 28.03 |
| 41 | Bob Douglas (M40) | Harmeny AC | 22.31 | 100 | Palm Gunstone (F45+) | Dundee Hawhill Har | 28.24 |
| 42 | Alistair McLean (M40) | Unatt | 22.32 | 101 | Jane Borthwick (F35) | Unatt | 28.33 |
| 43 | Joanna Nicholson (F) | Unatt | 22.35 | 102 | Gillian Knowles (F35) | Jog Scotland | 28.39 |
| 44 | Michael Walton | Unatt | 22.37 | 103 | Fiona Bathgate (F) | Unatt | 28.39 |
| 45 | Helen Eborall (F) | Middle Meadow Milers | 22.41 | 104 | Elizabeth Watson (F45+) | Unatt | 28.47 |
| 46 | Nicki Innes (F35) | Carnegie Harriers | 22.45 | 105 | Ailish Nimmo (F) | Carnethy Hill RC | 28.49 |
| 47 | Joyce Donachie (F35) | City of Edinburgh AC | 22.54 | 106 | Anna Dunlop (F) | Scottish Athletics | 28.51 |
| 48 | Merv Stewart | Unatt | 23.10 | 107 | Allison Gibson (F35) | Unatt | 29.03 |
| 49 | Jenny Sheal (F) | Laswade AC | 23.11 | 108 | Caronline Parkinson (F) | Fife AC | 29.03 |
| 50 | Frederick Simmonds (M40) | Unatt | 23.23 | 109 | Rebecca Moore (F) | Standard Life AC | 29.04 |
| 51 | Robin Morrison | Unatt | 23.26 | 110 | Bernard Harkness | Unatt | 29.11 |
| 52 | Danielle Kane (F) | City of Edinburgh AC | 23.29 | 111 | Fiona Fallas (F35) | Unatt | 29.13 |
| 53 | Brian McLaughlin (M40) | Unatt | 23.31 | 112 | Clare Colquhoun (F45+) | Unatt | 29.15 |
| 54 | Callum Logan (M40) | Scottish Athletics | 23.42 | 113 | Roselyn Lawrence (F45+) | Unatt | 29.16 |
| 55 | Mark Chapman | Unatt | 23.43 | 114 | Christine Hagart (F35) | Unatt | 29.16 |
| 56 | Mark Robertson (M50+) | City of Edinburgh AC | 23.50 | 115 | Lyndsay Grigor (F) | Unatt | 29.24 |
| 57 | Mark Livell | Unatt | 23.59 | 116 | Elaine Johnston (F) | Unatt | 29.31 |
| 58 | Jennifer Learnmonth (F) | Unatt | 24.01 | 117 | Chris Melville | Portobello RC | 29.34 |
| 59 | Chris Highcock | Unatt | 24.01 | 118 | Fiona Rankine (F) | Unatt | 29.49 |
| | | | | 119 | Pamela Walker (F35) | Unatt | 29.51 |

Scottish Gas 5K Results – Edinburgh 3rd August 2003

| | | | |
|-----|---------------------------|----------------------|-------|
| 120 | Helen Hymers (F35) | Scottish Prison S. | 29.57 |
| 121 | Laura Thomas (F35) | Unatt | 30.04 |
| 122 | Catherine Barr (F) | Unatt | 30.07 |
| 123 | Joe Chambers (M40) | Unatt | 30.11 |
| 124 | Jackie Lawrence (F) | Bellahouston Rr | 30.15 |
| 125 | Jacqueline Arndt (F) | Unatt | 30.31 |
| 126 | Deirdre Barclay (F45+) | Unatt | 30.32 |
| 127 | Tracey Patrick (F) | Unatt | 30.36 |
| 128 | Julie Goodhall (F) | Unatt | 30.36 |
| 129 | Rosemary Hoey | Unatt | 30.50 |
| 130 | Gary Gallacher (M40) | Unatt | 30.51 |
| 131 | Sandra MacGillivray (F35) | Unatt | 30.53 |
| 132 | Kathleen Robson (F) | Unatt | 30.56 |
| 133 | Liz Rotherston (F45+) | Unatt | 30.59 |
| 134 | Marian Smith (F45+) | Jog Scotland | 31.01 |
| 135 | Maureen Cook (F35) | Unatt | 31.07 |
| 136 | Louise Blatchford (F) | Unatt | 31.18 |
| 137 | Lee Brodie | Unatt | 31.28 |
| 138 | Janice Bruce (F45+) | Unatt | 31.36 |
| 139 | Julie Rowlison (F) | Unatt | 31.39 |
| 140 | Sue Oldroyd (F) | Unatt | 31.43 |
| 141 | Alison Cleland-Kent (F35) | Napier Univ. RC | 32.04 |
| 142 | Lisa Kane (F) | Unatt | 32.23 |
| 143 | Linda McKendrick (F) | Unatt | 32.23 |
| 144 | Lindsay Logan (F) | Unatt | 32.39 |
| 145 | Michaela Simibaldi (F) | City of Edinburgh AC | 32.39 |
| 146 | Anne Baird (F35) | Unatt | 32.41 |
| 147 | Clare Richardson (F) | Unatt | 32.47 |
| 148 | Gemma Coe (F) | Unatt | 32.49 |
| 149 | David Webb | Unatt | 32.50 |
| 150 | Shona Brown (F) | Unatt | 32.52 |
| 151 | Abi Robertson (F) | Unatt | 32.58 |
| 152 | Helen Ibbotson (F) | Middle Meadow Milers | 33.04 |
| 153 | Morag Dickie (F) | Unatt | 33.13 |
| 154 | Sue Warner (F45+) | Unatt | 33.23 |
| 155 | Alison Stewart (F45+) | Unatt | 33.26 |
| 156 | Jacqueline Rixon (F35) | Unatt | 33.28 |
| 157 | Carole Brown (F) | Unatt | 33.31 |
| 158 | Edward Smith (M60+) | Unatt | 34.23 |
| 159 | Donna Urquhart (F) | Unatt | 34.56 |
| 160 | Nicola Henderson (F) | Unatt | 36.06 |
| 161 | Eleanor MacKenzie (F35) | Unatt | 36.08 |
| 162 | Dorothy McDonald (F45+) | Unatt | 36.18 |
| 163 | Elizabeth Anderson (F45+) | Unatt | 36.59 |
| 164 | Susan Matheson (F45+) | Unatt | 36.59 |
| 165 | Andrew Denholm (M40) | Unatt | 37.19 |
| 166 | Cathi George (F) | Unatt | 38.11 |
| 167 | Jacqueline Lawrie (F35) | Unatt | 41.36 |
| 168 | Ersilia Fantini (F) | Unatt | 41.39 |
| 169 | Ian McRobbie (M50+) | Unatt | 46.15 |